

The Day of Your Tan

The Do's:

- Shower - Make sure to scrub off lotions, perfumes or oils.
- Natural deodorant only.
- Pack loose fitting clothes and flip flops.

The Don't:

- Apply any lotion or oil (act as barrier to your tan, lighter tan more quickly fades).
- Deodorant (clinical or long lasting) create pH disruptions and in extreme cases may turn your armpits green).
- Shave - The pores of our skin may remain open causing a "freckled" or speckled look.

Remember if you plan to shave, get a mani-pedi or wax do this the day BEFORE your session. Pro-Tip use BronzedBerry's Glove for best exfoliating results without unnecessary oils or harsh chemicals.

Immediately After Your Tan

The Do's:

- Wait until completely dry before getting dressed (5-10 min).
- Wear loose fitting clothes (tight clothes can make permanent tan lines or even remove your tan in areas).

The Don'ts:

- Avoid sports bras...will give you tan lines.
- Water - Do not get wet...this will remove your tan. You need a minimum of 8-10 hours before showering or any activity that involves sweating.
- Touch your skin with your hands. You will transfer the solution on your hands and they can become orange.

The Day After Your Tan

The Do's:

- Shower - Rinse off tanning solution. This can be done in as little as 8 hour up to 24 hours. The longer the solution is on your skin, the deeper the tan and the longer it will last.
- Apply lotion - Use organic, something with no alcohol or parabens which can dry out your skin and shorten the life of your tan.
- Shave - Use a new clean razor. Old razors can tug and rip skin, removing tan. A new razor will glide right over your new glow.
- Pat Dry - Rubbing your skin with your towel can fade it more quickly.
- Apply sunscreen. Your new glow does not protect you from the sun. You look like a golden goddess but you still need SPF.

The Don'ts:

- Exfoliate, this will remove your tan! Only exfoliate when you want to remove your tan.
- Rub your skin vigorously with your towel, this can also fade your tan.
- Wax. This will remove your tan.

